

FARTHINGSTONE FOOT FEST Saturday 1st June 2024

The Course:

The full Challenge course covers just over 26 miles and consists of two loops, based around Farthingstone village, forming a figure of eight route which is almost entirely on footpaths and trails with minimal road usage. The course covers stretches of the Macmillan Way, Knightly Way and Nene Way with connecting footpaths through the wonderful rolling countryside of Northamptonshire.

If the full course is too challenging, entrants may complete either one of the loops:

- The first loop is 15 miles but Checkpoint 3 is at the 13-mile point for those wishing to limit their distance to a half marathon (pick-up is available but may have to wait until the vehicle is free).
- The second loop is 11 miles. Start times are later to allow for checkpoint set-ups.

There are 7 checkpoints on the route (3 on each loop and one at the Village Hall) and refreshments are available at each. The checkpoints will close through the day with the latest at 18.00: walkers/runners will be asked to retire if they are deemed unable to reach the end within the times.

Start times:

26 miles: start: walkers 08.00 onwards, runners 09.00 onwards;

last entries: walkers 09.00, runners 11.00.

13 & 15 miles: start: walkers & runners 09.15 onwards:

last entries: walkers 10.30, runners 11.00,

11 miles: start: walkers & runners 11.30 onwards:

last entries: walkers 1 pm, runners 1.30 pm.

Entry fee:

26 miles: £21.00 (£24.00 on the day) 15, 13 or 11 miles: £18.00 (£20.00 on the day)

Your entry fee includes:

- Tea or coffee and toast on arrival
- Biscuits (sweet and salted), cake and drinks at all 7 checkpoints
- A meal plus dessert at the finish in the Village Hall
- · A free BEER (or alternative) at the finish
- Certificates for all finishers
- Results e-mailed to you

Registration:

The event is organized by Farthingstone Foot Fest Committee in accordance with the guidelines of the LDWA. The start and finish are at Farthingstone Village Hall (NN12 8HE).

Advance registering is via our dedicated booking website only. To access it, please go to www.farthingstone.org.uk and then click on the 'Farthingstone Foot Fest' page where you will find up to date information plus a click button which takes you direct to the booking website. This website will be closed at 6pm on Thursday 30 May.

On completion of the entry details, you will be sent a confirmation email (from the booking website) including your entry number, how to pay and links to a map of the route.

Any final instructions will be sent together with comprehensive updated route descriptions and a map showing the start location and parking one week in advance of the event.

We have introduced a limit of 150 entrants this time. If planning to register on the day, please check the website to make sure there will be space.

Proceeds:

All proceeds go towards supporting Farthingstone village charities and activities plus this year we will donate 10% of our surplus to Macmillan Cancer Support.

Full details and updates at:

www.farthingstone.org.uk

Sponsorship:

If any entrants are planning to seek sponsorship, the Committee is suggesting that this year's charity should be Macmillan Cancer Support.



Please consider raising funds for this very worthwhile cause. Take a look at their website **www.macmillan.org.uk**